

CENTAURI MIDDLE SCHOOL



ATHLETIC POLICIES 2022-2023

The goal of the Centauri Middle School Athletic Program is to provide an opportunity for all 6th (cross country, wrestling, track) 7th and 8th grade students to participate in an organized athletic program and acquire the fundamental skills necessary to continue their participation at the high school level, if they so desire. Student involvement and participation are the keys to a successful athletic program and a foundation upon which school pride is built.

Student athletes are representatives of the school and should conduct themselves in an acceptable manner at all times. They should strive for excellence in the classroom, as well as, in athletics. Athletes must be willing to devote the time and effort necessary to develop their physical and mental skills and abilities.

A student **must be in attendance at school the full day on the day of a game/practice. Students may not be tardy in the morning and they can't leave at lunch unless preapproved by Mr. Riccatone.**

If game/practice is on Friday or Saturday, then the student must be in attendance for the full day on Thursday. Dentist and doctor appointments will be excused absences, but must be cleared through the office.

Any other absence must be excused by previous arrangements with the principal. If student is sick and cannot be in school, then surely they are too sick to participate in games/practice.

Cell Phones/ Electronic Devices-

Cyberbullying is the willful and repeated use of cell phones, computers, and other electronic communication devices to harass and threaten others.

-Changes in Colorado law now expose "cyberbullies" to a misdemeanor charge that carries a possible fine of up to \$750 and up to six months in jail.

-Cyberbullying is a criminal intent to alarm, annoy or harass; and it can be either direct or indirect. An online posting need not be sent directly to an individual victim to fall under the statute.

-All possible threats will be turned over to the Conejos County Sheriff's Office for investigation.

-People shouldn't do or say anything in the cyber world that they wouldn't say or do in person.

North Conejos School District Re-1J is an equal opportunity educational institution and does not unlawfully discriminate on the basis of race, color, national origin, sex, or disability in admission or access to, or treatment or employment in, its educational programs or activities. Inquiries concerning Title VI, Title IX, Section 504 and ADA may be referred to Curt Wilson, Superintendent, PO Box 72, La Jara, CO 81140 or to the Office of Civil Rights, U.S. Department of Education, Region VIII, Federal Office Building, 1244 North Speer Blvd., Suite 310, Denver, CO 80204, (303) 844-2991.

Regular Season

It is the philosophy of Centauri Middle School to emphasize skill development and a winning attitude. Centauri Middle School students are to have the opportunity to explore and learn new skills without fear of failure.

The coaches of each sport will determine the number of participants who are to suit up for each regular season contest and shall stress game involvement and skill development for all players.

End of Season Tournament Play

Coaches and teams are encouraged to do their best and win at tournament time, if possible, given the values of fair play, sportsmanship, health and safety of the participants. During tournaments it is up to the discretion of the coach to determine playing time. Everyone may or may not play.

Proper Procedure for Quitting or Joining a Sport

Any student may not join a sport after the first official contest of that sport. If a student joins before the contest, they must have sufficient practice according to the current policy.

Any student may drop out of a sport if it is done in the proper way. First, the student must make the reasons known to the coach. Secondly, the athlete must return all equipment and clear all financial responsibility with the school.

If a student stops participating or quits his/her sport before the 2nd interschool competition, he may still participate in another sport if he is eligible in all other aspects.

A student who drops any sport after the quitting date may not participate in the second sport. The athlete could (as a maximum penalty) be banned from all athletics for the remainder of the year.

Getting out for disciplinary reasons would be considered the same as quitting.

Additional Rules

Coaches will, at the beginning of the season, hand out any additional rules and policies that will be in effect for their particular sport. These policies will be made available to parents and athletes; and will be on file with the principal.

General Appearance and Conduct Policy

All athletes should set and keep a high standard of appearance at all times. Athletes should give positive leadership toward the conduct of the students in the school and community. Athletes should remember that they represent not only themselves and their families, but Centauri Middle School as well.

An athlete's hair should be neat and well combed and of appropriate length for that sport as determined by the coach. An athlete's dress should be clean and neat and appropriate for all occasions. Game day attire will be different than casual attire as the athletes represent their team and the school.

Transportation

Transportation is provided to and from all athletic events and practices by the school. Failure to comply with bus rules and regulations will be grounds for dismissal as a member of the athletic team.

Athletes are required to travel with the team most times. If parents want their son/daughter to travel with them or someone else, the coach must be notified in writing of the arrangements. **Students returning home from events will only be dropped off at Centauri Middle School. It is your responsibility to come and pick them up in a timely manner.**

Any student, while traveling with a team that is accused of shoplifting or any other crime that causes him/her to be in trouble with the police will be dealt with in the following manner. The coach will call parents and parents will then deal with the police. Any penalties concerning eligibility at Centauri Middle School will be dealt with pending results of investigations.

Eligibility

Students who participate in extracurricular activities must maintain a passing grade in order to participate. Teachers will have eligibility grades in the office every Wednesday. Any student who has a grade below 60% will be marked ineligible. Any work posted after 8:00 a.m. on Thursday morning will go towards the following week's eligibility.

ISS and suspension violations constitute a student not participating in any extracurricular activity an entire week. Any activity that occurs outside the regular school day is considered extra curricular. Extra curricular activities include, but aren't limited to athletics, knowledge bowl, science fair, spelling bee, history fair, etc.

*When a student is considered ineligible in one or more classes, they will be allowed to practice, but not participate in the scheduled competitions the following week.

*Please read coaches' rules and requirements carefully for each sport your student participates in.

*Academic achievement is of utmost importance at CMS with extra-curricular activities being an additional means to helping your child achieve academically.

Process of warning and/or dismissal:

If your child has a "D" you as a parent will receive a warning letter helping you and your student realize that the grade must be raised. If your child has an "F" you as a parent will be notified by mail and athlete will be marked ineligible for that week meaning they can practice but they cannot participate in the contest that week. If your child has an "F" for two consecutive weeks in the same class they will be dismissed from the team. All team dismissal decisions are at the discretion of the Building Principal.

Training Rules

Centauri Middle School has established certain training rules by which the young men and women who participate in the interscholastic program are expected to abide.

A. The use or possession of tobacco, illegal drugs, or alcoholic beverages will not be tolerated.

1. Violation of the above rules means immediate suspension from all athletics. The suspension is from a minimum of five school days without practice, to a maximum of one calendar year from the date of suspension.
2. Observance of all training rules involving tobacco, illegal drugs, alcohol and use or possession thereof is a responsibility of the athlete for the entire sports season in which that athlete is participating.

B. Athletes are expected to conduct themselves in a commendable manner at all times in the school, the classroom, on athletic trips and during all athletic contests. Respect shall be maintained at all times toward opponents, officials and spectators.

1. Any student who is ejected from a match or contest shall be disqualified for the remainder of that match or contest. In addition, the player shall be ineligible for the next regularly scheduled match or contest.

C. Consequences of the violation of the above rules will be determined by principal, athletic director and the coach of the sport in which the violation occurred.

*This is student/athlete copy to keep on file. Next page needs to be signed and return to CMS Office along with a copy of student's current sports physical. **Student will NOT BE ALLOWED to practice until a current Physical is on file in the CMS Office.** Thank you.

CENTAURI MIDDLE SCHOOL



**ATHLETIC POLICIES
2022-2023**

I have read and understand the Athletic Policies of the Centauri Middle School for the 2022-2023 academic year.

I understand my student's Athletic Physical **must be on file** in the CMS Office **BEFORE** my student is allowed to practice.

Student Athlete Signature _____ Date _____

Parent/Guardian Signature _____ Date _____

***Please sign and return to the Mrs. Fringer at Centauri Middle School.**

PRINT STUDENT NAME LEGIBILY PLEASE:

Last, First GRADE: _____