

Universal Precautions

For School Staff
Employee Training

Universal Precautions

- All blood and potentially infectious materials are treated as if they are infectious, regardless of the perceived status of the source individual. You treat all blood and body fluids as if they are infected.



Universal Precautions

- Use Universal Precautions in all situations when there is a potential for contact with blood or other potentially infectious materials



Practice Universal Precautions by:

- Wearing gloves – when you anticipate touching blood, body fluids or contaminated surfaces
- Cover hand cuts with a band aid before gloving



- Wash hands after removing gloves
- Dispose of gloves after each use in plastic bag that can be sealed (unless wearing heavy duty-utility gloves)



Handwashing is your best Protection!



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Personal Protective Equipment (PPE)

includes gloves... plus

masks, eye protection, face shields, gowns
& aprons



Use these whenever splashes,
sprays, splatters, or droplets of
blood may contaminate your eyes,
nose, mouth (mucus membranes)
or clothing.

- Eating
- Drinking
- Smoking
- Applying cosmetics or lip balm
- Handling contact lenses

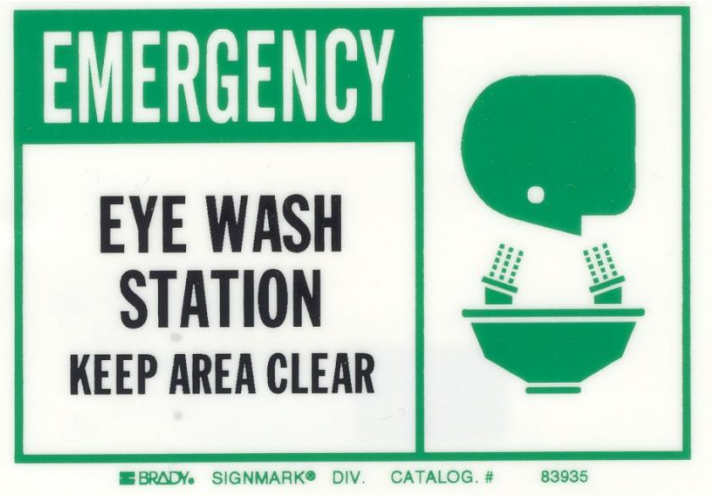


are prohibited in work areas where there is a potential for contamination with blood or body fluids

ex. toileting areas, First Aid rooms

If blood/body fluids makes contact with
your mouth, nose, eyes

- Flush with running water at a sink or eyewash station for 10-12 minutes
- Notify your school's nurse and your administrator



One should only use Universal Precautions when working with people at High Risk for a blood borne disease.

- True or False

FALSE

IT DOESN'T TAKE MUCH.

**ALWAYS TAKE UNIVERSAL PRECAUTIONS
AGAINST BLOOD BORNE PATHOGENS!**

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Handwashing is Not necessary if gloves are worn.

- True
- False



FALSE

**Always wash your hands after
removing gloves.**



FIRST AID CLEANING PROCEDURE



1. If possible, help the injured student or staff member care for themselves.
2. Create a barrier between yourself and blood and body fluids that may contain blood.
3. Clean all surfaces and soiled items with an EPA registered tuberculocide disinfectant.

(Provided by school)

4. Dispose of all soiled gloves and other barrier materials in a sealed plastic bag (reusable items should be sealed in plastic until they can be laundered).
5. Wash hands with soap and warm running water for at least 15 seconds.
6. Hand sanitizer does not take the place of soap and water when washing hands after an incident.





Labels and Signs

Warning labels should be on any container, refrigerator, or freezer containing blood or other potentially infectious material.

Housekeeping/Environmental Issues

To minimize exposures the following housekeeping measures should be implemented.

- Call for custodial staff to clean any equipment or surfaces contaminated with blood or body fluids.
- Broken glass should always be treated as contaminated and never be picked up with your bare hands. Always use mechanical means to pick up glass such as a broom and dustpan. Call your custodial staff for assistance and clear the area of students.

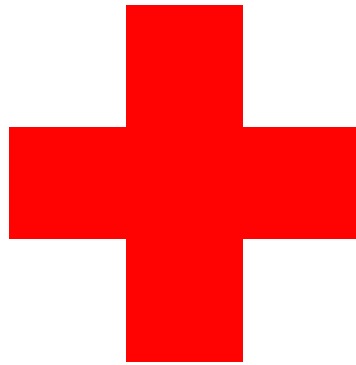
- Never push or tamp down trash with your hands. Hold it away from you and shake down.
- Contaminated laundry should be placed in a leak proof container. (double bagged)
- Place items, heavily soiled with blood, in a regular trash bag and double bag in a **Red BIOHAZARD BAG**. Immediately notify your custodian when potentially infectious trash needs to be disposed of.

- Regular inspection and disinfection of reusable containers.
- Call for cleanup of areas which have been contaminated or are suspected to be contaminated.
- Only school approved disinfectants are to be used. **DO NOT BRING CLEANERS FROM HOME.**

What to do if exposed?

- Wash exposed areas (hands, etc.) with soap and water.
- Immediately flush exposed mucous membranes with water.
- Immediately report the exposure to your immediate supervisor and the school nurse.

- If there is a blood spill, immediately arrange for clean-up (call custodian).
- The School Nurse/Human Resources Department will provide directions for medical evaluation.



*A copy of your School's Exposure Control Plan and Policy is available at the School's Administrative offices and on the School's website.

*You may access the OSHA Bloodborne Pathogens Standard (1910-1030) at www.osha.gov

Upon completing this training:

- Report to the school nurse for additional BBP and Hepatitis B vaccine information.
- Complete the Bloodborne Pathogen Training sign off sheet and return to Dr. Lancaster.



Upon completing this training:

- Coaches, EC Teachers, Athletic Trainers, First Responders, Bus Drivers and Custodians, Contact Principal if you need the Hepatitis B Vaccination.

REMEMBER TO ALWAYS USE UNIVERSAL PRECAUTIONS

